



*The New Zealand Federal Association
of Teachers of Dancing Inc.* (Established 1931)

Affiliated to the F.A.T.D. (Aust.) Ltd. the I.S.T.D. (London)

Syllabus for Professional Degrees And Medal Test Examinations

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General Conditions and Information

Accreditation Programme

NZFATD Accreditation Programme is separate to the Syllabus for Professional Degrees and Medal Test Examinations however it is based on this syllabus and if seeking information please refer to the Accreditation Programme Document.

Professional Examinations

All Professional examinations consist of two parts:

1. The practical section (danced with a partner), and
2. The technical section comprising theory and teaching ability assessment

Examinations must be of a professional standard appropriate to the degree being sat. It will be expected that the higher the degree the more indepth knowledge, quality of dancing and teaching ability, will be required.

Candidates for admission to membership shall attend before a Board of Examiners selected by an Area Committee of the Executive at the time and place fixed for holding the examination. They shall be required to prove the extent of their technical knowledge both by oral explanation and by practical examination under syllabi laid down by the Examiners Board. Candidates may further be required to demonstrate their ability to teach.

All Examinations

In all examinations if there is a candidate who has any mental or physical disability or disabilities, the examiner/s may adjust the syllabus accordingly, at the examiner/s' discretion. Where this occurs, the Association must be informed prior to the exam being taken.

In New Vogue and Classical Sequence examinations, on request from the candidate and prior to the examination being taken, the examiner/s has the right to accept change to the syllabus dances when necessary and it is at the examiner/s' discretion but only for that exam.

Overseas Examiner

Where an overseas or visiting examiner is involved, candidates may apply in writing to the Examiners Board for special dispensation to allow such overseas or visiting examiner to be sole examiner in the case of Licentiate or Fellowship.

Re-examination

Candidates failing in a professional examination may not offer themselves for re-examination until one month has elapsed from the date of previous examination.

Examination Dispensation

If in the opinion of the majority of the Examiners Board the qualification, experience and professional reputation of a candidate render an examination unnecessary, then the usual examination may be dispensed with.

Where the Examiners Board have agreed conditions of entry have not been met by the candidate, results of an exam that has been passed will be frozen until all qualifying criteria

has been met.

Examination Fees

Candidates for admission to the Association as Associates, Licentiates or Fellowships shall pay an examination fee according to the scale laid down by the Executive and in force at the time of the application.

Disclaimer

The taking of any professional exam in any or all styles being Ballroom, Latin American, New Vogue or Classical Sequence will change your status in all styles to a teacher or coach, but does not alter your status in any other style that is included in our theatrical branch.

Examination Marks

Marks applicable to all examinations are:

Pass	65-74
Commended	75-84
Highly commended	85-89
Honors	90-100
Maximum marks in each dance	100

Probationary Athletes Coaching Accreditation Examination

Part 1 Only for Ballroom and Latin American

This is part of the Accreditation Programme and only the syllabus details are listed, for all other details refer the Accreditation Programme Document. Although the Syllabus is in the Professional Examination section the Probationary Accreditation is not a Professional degree and may be taken by any dancer without elevation to a Professional.

Student Examination

This is one of a preparatory nature which is available to professional students studying for the Associate degree. Candidates must be at least 16 years of age. A written report will be issued; however, success in this examination does not carry any degree, and must not be used in any manner of advertising. The student examination will be conducted by one examiner and the duration shall be approximately 1 hour including the practical section.

Note: Whilst being thoroughly recommended, this examination is not obligatory.

Level 1 Athletes Coaching Accreditation

Part 1 Only for all styles

This is part of the Accreditation Programme and only the syllabus details are listed under the Associate syllabus, for all other details refer to the Accreditation Programme. This is not a Professional degree and may be taken by any dancer without elevation to a Professional.

Associate Examination

Candidates must be at least 18 years of age. The examination shall be conducted by one examiner and have a duration of approximately 1 ¼ hours including the practical section.

The minimum syllabus figures as listed for an Associate is expected to be understood, explained and danced.

Level 2 Athletes Coaching Accreditation

Part 1 Only for all styles

This is part of the Accreditation Programme and only the syllabus details are listed under the Licentiate syllabus, for all other details refer to the Accreditation Programme. This is not a Professional degree and may be taken by any dancer without elevation to a Professional.

Licentiate Examination

Candidates must be at least 20 years of age with a minimum of three years' experience as a teacher of dancing immediately prior to their examination. The examination shall be conducted by either one or two examiners and shall have a duration of approximately 1 1/2 hours including the practical section.

The same requirements will apply as for the Associate examination with the expectation of a much higher standard and quality of performance.

A section of the examination will be applied to establishing the candidate's ability as a teacher of experience. Expectations will include practical methods of teaching and knowledge of the specified syllabus figure(s) selected by the examiners, together with methods for correction of common faults.

Level 3 Athletes Coaching Accreditation

Part 1 Only for all styles

This is part of the Accreditation Programme and only the syllabus details are listed under the Fellowship syllabus, for all other details refer to the Accreditation Programme. This is not a Professional degree and may be taken by any dancer without elevation to a Professional.

Fellowship Examination

Candidates must have a Licentiate degree of the branch concerned for a period of not less than three years. The examination shall be conducted by either two or three examiners and shall have a duration of approximately two hours including the lecture and practical sections.

The same requirements will apply as for the Licentiate examination with the expectation of a much higher standard and quality of performance.

Expectations will include practical methods of teaching and knowledge of the specified syllabus figures selected by the examiners, **plus** technical knowledge of the Named Variations, together with methods for correction of common faults.

A substantially higher depth of knowledge, practical teaching ability, and experience being shown throughout will be expected.

The candidate will be further required to give a five minute lecturette on some aspect relevant to any of the dances, as selected by the examiners or at the examiners' discretion.

Practical Section of the Examination

The practical section of the examination is completed first. This requires the candidate to dance through the dances required for the degree, with a partner, to music, the appropriate syllabus figures.

Theory Section of the Examination

The second part of the examination will be theory and teaching ability assessment.

In all degrees, candidates will be required to dance solo with or without music an amalgamation of figures as selected by the examiner/s. The candidate will be expected to be able to dance both as man and lady. A minimum of three figures is expected for the Student degree, with more being expected for the higher degrees.

The examiner/s will determine the candidate's knowledge and teaching ability by asking for either an explanation, definition and/or, demonstration on any or all of the technical requirements.

Ballroom Professional Examinations

The theory and technique required is that described in:

1. The Ballroom Technique by ISTD current edition
2. Viennese Waltz by Harry Smith-Hampshire and/or WDSF Viennese Waltz by Luca Bussoletti & Tjasa Vulic
3. Rhythm Dancing

Rhythm dancing is required in the practical demonstration section **only**.

The Tempo

In Bars per minute are approximately:

Waltz	28-30
Tango	32-34
Slow Foxtrot	28-30
Slow Rhythm	30-35
Quick Rhythm	45-50
Quickstep	49-51
Viennese Waltz	58-60

Probationary Athletes Coach Accreditation

Examination Part 1 Ballroom Half Only

Note: Details of this examination and the syllabus is given under the Students Examination, for all other details refer the Accreditation Programme Document. Although the Syllabus is in the Professional Examination section the Probationary Athletes Accreditation is not a Professional degree and may be taken by any dancer without elevation to a Professional.

Student Examination

Practical Demonstration

The candidates is required to dance with a partner to music the Waltz, Foxtrot, Quickstep and Tango plus Rhythm Dancing (range 30-50 bars per minute) using a selection of the specified figures only. Additional figures from the Associate syllabus may be danced. They may demonstrate in the role of their choice, i.e. dancing the gentlemen or ladies steps, or demonstrate both roles with a partner if desired.

Theory (Oral Examination)

The candidate is expected to briefly define the following terms:

- Feet positions
- Alignment (including 'direction' in Tango)
- Amount of turn
- Rise and fall
- Footwork CBM
- CBMP
- Sway

The candidate will be expected to give a simple description of:

- Forward and backward walks
- Hold
- Time and tempo of each dance, and to give one
- Precede and Follow to each specified figure

Technical analysis and solo demonstration of the specified figures as man and lady confined to:

- Feet positions
- Alignment
- Amount of turn
- Rise and fall
- Footwork
- Timing
- Counting in beats and bars

Specified Figures

See pages 16 - 20.

Level 1 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Associate Examination, for all other details refer the Accreditation Programme Document.

Associate Examination

Practical Demonstration

The candidate is required to dance with a partner to music the Waltz, Foxtrot, Quickstep and Tango and Quick/Slow Rhythm. Any suitable figures may be danced. Some specified figures must be included. They may demonstrate in the role of their choice, i.e. dancing the gentlemen or ladies' steps, or demonstrate both roles with a partner if desired.

The candidate is required to dance solo to music, gentlemen or ladies' steps as requested, an amalgamation of two or three of the specified figures of the examiner's choice in any or all of the four dances.

The candidate is required to start an imaginary class to music. The dance/s will be of the examiner's choice.

Theory (Oral Examination)

The candidate is expected to show technical knowledge of the specified figures **and** understand technical terms, show balance and deportment and apply the following basic principles to each specified figure:

Tempo
Time
Hold
Counting in slows and quicks
Counting in beats, also beats and bars
Feet positions
Alignment
Amount of turn
Rise and fall
Footwork
Sway
CBM
CBMP
Forward and backward walks
Description of figures
Two precedes and follows to each specified figure

The candidate must also answer questions on class teaching methods in Waltz and Quick Rhythm dancing.

Specified Figures

See pages 16 - 20.

Level 2 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Licentiate Examination, for all other details refer the Accreditation Programme Document.

Licentiate Examination

Practical Demonstration

The candidate is required to dance with a partner to music the Waltz, Foxtrot, Quickstep and Tango and Viennese Waltz. Any suitable figures may be danced. Some specified figures must be included. They may demonstrate in the role of their choice, i.e. dancing the gentlemen or ladies' steps, or demonstrate both roles with a partner if desired.

The candidate is required to dance solo to music, gentlemen or ladies' steps as requested, an amalgamation of two or three of the specified figures of the examiner's choice in any of the four dances.

The candidate is required to start an imaginary class to music. The dance/s will be of the examiner's choice.

Theory (Oral Examination)

The candidate is expected to show technical knowledge of the specified figures **and** understand technical terms, show balance and deportment and apply the following basic principles to each specified figure:

Tempo
Time
Hold
Counting in slows and quicks
Counting in beats, also beats and bars
Feet positions
Alignment
Amount of turn
Rise and fall Footwork
Sway
CBM
CBMP
Forward and backward walks
Description of figures
Three precedes and follows to each specified figure

The candidate must also answer questions on class teaching methods **and** show practical methods of teaching.

Specified Figures

See pages 16 - 20.

Level 3 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Fellowship Examination, for all other details refer the Accreditation Programme Document.

Fellowship Examination

Practical Demonstration and Theory

As per the Licentiate section above, using a selection of specified figures plus suitable variations, if so desired.

Requirements are as follows:

All work included in the Licentiate examination **plus** additional specified figures and precedes and follows.

The presentation of dancing and depth of knowledge for this examination must be of a high quality. The candidate will be further required to give a five minute lecturette on some aspect relevant to any of the dances, as selected by the examiners or at the examiners' discretion

Specified Figures

See pages 16 - 20.

Syllabus Figures - Waltz

Named Figure	Student	Associate	Licentiate	Fellowship
Closed changes				
Natural turn				
Reverse turn				
Natural spin turn				
Whisk				
Chassé from PP				
Closed impetus				
Hesitation change				
Outside change				
Reverse corté				
Back whisk				
Basic weave				
Double reverse spin				
Reverse pivot				
Back lock				
Progressive chassé to right				
Weave from PP				
Closed telemark				
Open telemark and cross hesitation				
Open telemark and wing				
Open impetus and cross hesitation				
Open impetus and wing				
Outside spin				
Turning lock				
Left whisk				
Contra check				
Closed wing				
Turning lock to right				
Fallaway reverse and slip pivot				
Hover corté				

Syllabus Figures - Foxtrot

Named Figure	Student	Associate	Licentiate	Fellowship
Feather step				
Three step				
Natural turn				
Reverse turn (incorp feather finish)				
Closed impetus and feather finish				
Natural weave				
Change of direction				
Basic weave				
Closed telemark				
Open telemark and feather ending				
Top spin				
Hover feather				
Hover telemark				
Natural telemark				
Hover cross				
Open telemark, natural turn, outside swivel, feather ending				
Open impetus				
Weave from promenade				
Reverse wave				
Natural twist turn				
Curved feather to back feather				
Natural zig zag from PP				
Fallaway reverse and slip pivot				
Natural hover telemark				
Bounce fallaway with weave ending				

Syllabus Figures - Tango

Named Figure	Student	Associate	Licentiate	Fellowship
Walk				
Progressive side step				
Progressive link				
Closed promenade				
Rock turn				
Open reverse turn, partner outside				
Back corté				
Open reverse turn, partner in line				
Progressive side step reverse turn				
Open promenade				
Left foot and right foot rocks				
Natural twist turn				
Natural promenade turn				
Promenade link				
Four step				
Back open promenade				
Outside swivels				
Fallaway promenade				
Four step change				
Brush step				
Fallaway four step				
Oversway				
Basic reverse turn				
The chase				
Fallaway reverse and slip pivot				
Five step				
Contra check				

Syllabus Figures - Quickstep

Named Figure	Student	Associate	Licentiate	Fellowship
Quarter turn to right				
Natural turn				
Natural turn with hesitation				
Natural pivot turn				
Natural spin turn				
Progressive chassé				
Chassé reverse turn				
Forward lock				
Closed impetus				
Backward lock				
Reverse pivot				
Progressive chassé to right				
Tipple chassé to right				
Running right finish				
Natural turn and back lock				
Double reverse spin				
Quick open reverse				
Fishtail				
Running right turn				
Four quick run				
V6				
Closed telemark				
Cross swivel				
Six quick run				
Rumba cross				
Tipsy to right or left				
Hover corté				

Syllabus Figures – Viennese Waltz

Named Figure	Student	Associate	Licentiate	Fellowship
Forward changes				
Natural turn				
Reverse turn				
Backward changes				
Natural and reverse fleckerls				
Contra check				

Latin American Professional Examinations

The theory and technique required is that described in:

1. The Revised Technique of Latin American Dancing, published by the Imperial Society of Dance Teachers Inc. current edition

OR

2. The Technique as per Walter Laird (IDTA) current edition.

The Tempo

In Bars per minute are approximately:

Rumba	25-27
Samba	48-50
Paso Doble	60-62
Jive	40-44
Cha Cha Cha	28-30

Probationary Athletes Coach Accreditation

Examination Part 1 Latin American Half Only

Note: Details of this examination and the syllabus is given under the Students Examination, for all other details refer the Accreditation Programme Document. Although the Syllabus is in the Professional Examination section the Probationary Athletes Accreditation is not a Professional degree and may be taken by any dancer without elevation to a Professional.

Student Examination

Practical Demonstration

The candidate is required to dance with a partner to music the Cha Cha Cha, Rumba, Paso Doble, Samba and Jive, using a selection of the specified figures only. Additional figures from the Associate syllabus may be danced. They may demonstrate in the role of their choice, i.e. dancing the gentlemen or ladies steps, or demonstrate both roles with a partner if desired.

Theory (Oral Examination)

The candidate is expected to give a simple description of:

Basic Action
Hold
Time
Tempo and rhythm of each dance
One precede and follow

Technical analysis and solo demonstration of the specified figures as man and lady are confined to:

Foot Positions
Alignment (where applicable)
Amount of turn
Footwork
Timing / rhythm
Counting in beats and bars

Specified Figures

See pages 25 – 29.

Level 1 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Associate Examination, for all other details refer the Accreditation Programme Document.

Associate Examination

Practical Demonstration

The candidate is required to dance with a partner to music the Cha Cha Cha, Rumba, Paso Doble, Samba and Jive using a selection of the specified figures only. Additional figures from the Licentiate syllabus may be danced. They may demonstrate in the role of their choice, i.e. dancing the gentlemen or ladies steps, or demonstrate both roles with a partner if desired.

The candidate is required to dance solo to music, gentlemen or ladies steps as requested, an amalgamation of two or three of the specified figures of the examiner's choice in any or all of the five dances.

The candidate is required to start an imaginary class to music. The dance/s will be of the examiner's choice.

Theory (Oral Examination)

The candidate is expected to show technical knowledge of the specified figures **and** apply the following basic principles in each dance:

Basic action
Hold
Time
Tempo and rhythm
Counting in beats and in beats and bars
Foot positions
Alignment (where applicable)
Amount of turn
Footwork
Two precedes and follows to each specified figure

The candidate must also answer questions on class teaching methods in Cha Cha Cha and Jive.

Specified Figures

See pages 25 – 29.

Level 2 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Licentiate Examination, for all other details refer the Accreditation Programme Document.

Licentiate Examination

Practical Demonstration

The candidate is required to dance with a partner to music the Cha Cha Cha, Rumba, Paso Doble, Samba and Jive using a selection of the specified figures only. Additional figures from the Fellowship syllabus may be danced. They may demonstrate in the role of their choice, i.e. dancing the gentlemen or ladies steps, or demonstrate both roles with a partner if desired.

The candidate is required to dance solo to music, gentlemen or ladies steps as requested, an amalgamation of two or three of the specified figures of the examiner's choice in any or all of the five dances.

The candidate is required to start an imaginary class to music. The dance/s will be of the examiner's choice.

Theory (Oral Examination)

The candidate is expected to show technical knowledge of the specified figures **and** apply the following basic principles in each dance:

Basic action
Hold
Time
Tempo and rhythm
Counting in beats and in beats and bars
Foot positions
Alignment (where applicable)
Amount of turn
Footwork
Three precedes and follows to each specified figure

The candidate must also answer questions on class teaching methods of any dance or specified figure selected from the syllabus by the examiner.

Specified Figures

See pages 25 – 29.

Level 3 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Fellowship Examination, for all other details refer the Accreditation Programme Document.

Fellowship Examination

Practical Demonstration and Theory

As per the Licentiate section above, using a selection of specified figures plus suitable variations, if so desired.

Requirements are as follows:

All work included in the Licentiate examination **plus** additional specified figures and four precedes and follows where applicable.

The presentation of dancing and depth of knowledge for this examination must be of a high quality.

The candidate will be further required to give a five minute lecturette on some aspect relevant to any of the dances, as selected by the examiners or at the examiners' discretion

Specified Figures

See pages 25 – 29.

Syllabus Figures - Rumba

Named Figure	Student	Associate	Licentiate	Fellowship
Basic movements (closed, open, in place and alternative)				
Cucarachas				
New York (to left or right side position)				
Spot turns to left or right (including switch and underarm turns)				
Shoulder to shoulder (to left and right side position)				
Hand to hand (to right and left side position)				
Progressive walks forward or back				
Side steps to left or right				
Cuban rocks				
Fan				
Alemana				
Hockey stick				
Natural top				
Opening out to right and left				
Natural opening out movement				
Closed hip twist				
Open hip twist				
Reverse top				
Opening out from reverse top				
Aida				
Spiral turns (spiral, curl and rope spinning)				
Sliding doors				
Fencing				
Three threes				
Three alemanas				
Hip twist (advanced, continuous and circular)				

Syllabus Figures - Samba

Named Figure	Student	Associate	Licentiate	Fellowship
Basic movements (natural, reverse, side and progressive)				
Whisks (also with lady's underarm turn)				
Samba walks (promenade, side and stationary)				
Rhythm bounce				
Volta movements				
Travelling Bota Fogos Forward				
Criss Cross Bota Fogos (shadow Bota Fogos)				
Travelling Bota Fogos back				
Bota Fogos to promenade position and counter promenade position				
Criss-cross volta				
Solo spot voltas				
Foot changes				
Shadow travelling volta				
Reverse turn				
Corta Jaca				
Closed rocks				
Open rocks				
Back rocks				
Plait				
Rolling off the arm				
Argentine crosses				
Maypole				
Shadow circular volta				
Contra Bota Fogos				
Roundabout				
Natural roll				
Reverse roll				
Promenade and counter promenade runs				
Three step turn				
Samba locks				
Cruzados walks and locks				

Syllabus Figures – Paso Doble

Named Figure	Student	Associate	Licentiate	Fellowship
Sur Place				
Basic movement				
Chassés to right or left (including elevations)				
Drag				
Deplacement (also Attack)				
Promenade link (also promenade close)				
Promenade				
Ecart (fallaway whisk)				
Separation				
Separation with lady's caping walks				
Fallaway ending to separation				
Huit				
Sixteen				
Promenade and counter promenade				
Grand circle				
Open telemark				
La Passe				
Banderillas				
Twist turn				
Fallaway reverse turn				
Coup de Pique				
Left foot variation				
Spanish lines				
Flamenco taps				
Syncopated separation				
Travelling spins from promenade position				
Travelling spins from counter promenade position				
Fegolina (also Farol)				
Twists				
Chassé cape (including outside turn)				

Syllabus Figures – Jive

Named Figure	Student	Associate	Licentiate	Fellowship
Basic in place				
Fallaway rock				
Fallaway throwaway				
Link				
Change of places right to left				
Change of places left to right				
Change of hands behind the back				
Hip bump (left shoulder shove)				
American spin				
Walks				
Stop and go				
Mooch				
Whip				
Whip throwaway				
Reverse whip				
Windmill				
Spanish arms				
Rolling off the arm				
Simple spin				
Miami special				
Curly whip				
Shoulder spin				
Toe heel swivels				
Chugging				
Chicken walks				
Catapult				
Stalking walks, flicks and break				

Syllabus Figures – Cha Cha Cha

Named Figure	Student	Associate	Licentiate	Fellowship
Basic movements (closed, open and in place)				
New York (to left or right side position)				
Spot turns to left or right (including switch turns and underarm turns)				
Shoulder to shoulder (to left and right side position)				
Hand to hand (to right and left side position)				
Three Cha Cha Chas (forward and back)				
Side steps (to left or right)				
There and back				
Time steps				
Fan				
Alemana				
Hockey stick				
Natural top				
Natural opening out movement				
Closed hip twist				
Open hip twist				
Reverse top				
Aida				
Opening out from reverse top				
Spiral turns (spiral, curl and rope spinning)				
Cross basic				
Cuban breaks (including split Cuban breaks)				
Chase				
Advanced hip twist				
Hip twist spiral				
Turkish towel				
Sweetheart				
Follow my leader				
Foot changes				

New Vogue Professional Examinations

The theory and technique required is that described in:

1. The Revised Technique of New Vogue Sequence Dancing by Neville Boyd – current edition
- OR**
2. The Revised Technique of New Vogue Sequence Dancing by Russell Hesketh – current edition

When a combination of the above Techniques are presented it must be stated by the candidate.

Note: The examiner must be notified two weeks prior to the examination of the selected dances, and the chosen technique book that is to be preferred.

Student Examination

Any five dances listed in the Student syllabus dances to cover four rhythms (i.e. a March, Foxtrot, Waltz and Tango).

Theory (Oral Examination)

The candidates will be required to give a brief description of the:

Holds and body positions
Tempo
Time and rhythm of each dance
And a simple analysis of the natural and reverse waltz turns and rotary chassé

In each dance the technical analysis and solo demonstration as man and lady, of movements selected by the examiner will be confined to:

Hold and body positions
Position of feet
Footwork
Counting in beats

Level 1 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Associate Examination, for all other details refer the Accreditation Programme Document.

Associate Examination

Any seven dances listed from the Associate syllabus dances to cover four rhythms.

Theory (Oral Examination)

The candidate must be able to give clearly a detailed description of the natural and reverse waltz turns, the walks, component parts of the various specified syllabus dances.

The candidate will be verbally examined as to their technical knowledge of the dances selected, their understanding of technical terms **and** on their ability to apply the following principles as both man and lady to the dance selected:

Holds
Positions of feet
Alignment
Footwork
Rise and fall
Amounts of turn
Timing
Counting in rhythm, beats and bars, and number of bars to each sequence.

Level 2 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Licentiate Examination , for all other details refer the Accreditation Programme Document.

Licentiate Examination

Any eight dances from the Licentiate syllabus to cover all rhythms.

Theory (Oral Examination)

All requirements of the Associate examination **plus** the syllabus dances. Finer points of technique such as:

Body lines
Shoulder leads
Shaping and use of the arms

A section of this examination will be applied to establishing the candidate's ability as a teacher of experience.

Expectations will include practical methods of teaching together with identification of common faults and methods of their correction.

Level 3 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Fellowship Examination, for all other details refer the Accreditation Programme Document.

Fellowship Examination

Any eleven dances from the Fellowship syllabus dances to cover all rhythms.

Theory (Oral Examination)

All requirements of the Licentiate examination **plus** technical knowledge of the additional specified syllabus figures.

A substantial depth of knowledge and practical teaching ability and experience being shown throughout is expected.

The candidate will be further required to give a five minute lecturette on some aspect relevant to any one of the eleven dances, as selected by the examiners.

Syllabus Dances – New Vogue

Student	Associate	Licentiate	Fellowship	Dances
				1. Parma Waltz
				2. Swing Waltz
				3. Merrilyn
				4. Charmaine
				5. Tangoette
				6. Evening Three Step
				7. Gypsy Tap
				8. Tracie Leigh Waltz
				9. Twilight Waltz
				10. Carousel
				11. Barclay Blues
				12. La Bomba
				13. Lucille Waltz
				14. Excelsior Schottische
				15. Tango Terrific
				16. President's Daughter's Waltz

Note: Any other "In Vogue" dance not listed above may be substituted at any level at the discretion of the examiner/s (provided two weeks' notice is given prior to examination).

Classical Sequence Professional Examinations

The theory and technique required is that described in any or all of the following:

1. Official Board of Ballroom Dancing (England) Classical Sequence (Old Time) Scripts.
2. Old Time Sequence Dancing by M Gwynne.
3. The Analysis Charts and Scripts produced by the British Council of Ballroom Dancing Sequence Advisory Committee.

Student Syllabus Content

Practical Demonstration

The candidate is required to demonstrate to music with a partner:

1. Waltz (3/4)
2. Royal Empress Tango
3. Veleta
4. Boston Two Step

The candidate may demonstrate in the role of their choice (e.g. 'gentleman' or 'lady') or demonstrate both roles if desired.

The candidates are also required to give a solo demonstration of one of the above dances to music as gentleman and/or lady. The dance is the candidate's choice.

Theory (Oral Examination)

The candidate is required to describe and demonstrate the above dances as gentleman and lady.

The technical analysis of these dances is confined to:

Positions of feet
Alignment and/or direction
Amount of turn
Footwork
Rise and fall (3/4 and 6/8 rhythms only)
Counting in rhythm and beats and bar

The candidate may also be asked for a description of the:

Different holds in the Student syllabus
Forward and backward walks

The candidates should also be prepared to explain and demonstrate the following technical terms:

Balance, poise and deportment
Promenade and Open Promenade positions
The five foot positions
Counter and Open Counter Promenade Positions
CBM
Swivels

Pas Glissade
Lunge
Pas Glissé
Pas Allé
Time and Tempo
Pas de Basque in front (6/8)
Pas De Valse
Point
Assemblé
Chassés
Jeté
Line of Dance
Coupé
Brush
Rondé
Pivot and pivoting action
Demi
Plié

Class Teaching Methods

The candidate is asked to give their ideas on methods of teaching a class.

Level 1 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Associate Examination, for all other details refer the Accreditation Programme Document.

Associate Syllabus Content

Practical Demonstration

Candidates are required to demonstrate with a partner:

1. Waltz
2. Royal Empress Tango
3. Fylde Waltz
4. Britannia Saunter
5. Boston Two Step

The candidate may demonstrate in the role of their choice, i.e. 'gentleman' or 'lady' or demonstrate both roles if desired.

The candidate is also required to give a solo demonstration of any of the above dances to music, either as a gentleman and/or lady.

Theory (Oral Examination)

The candidate should be able to describe and give solo demonstrations of the above dances, as gentleman and lady, under the headings set out in the Analysis Charts. Questions on the Student

syllabus may be asked.

The candidates should also be able to describe two dances of different rhythms of their own choice from the following:

1. Lilac Waltz
2. Waltz Camay
3. Wedgewood Blue Gavotte
4. Gainsborough Glide
5. Latchford Schottische
6. Midnight Tango
7. Waverley Two Step
8. Liberty Two Step

In addition to those listed in the Student syllabus, the candidate must be prepared to explain and demonstrate the following technical terms:

Acknowledgements
Holds
Department
Aerial
Forward and backward walks (Ballroom, Saunter, Tango, Two Step)
Allemande
Balancé
Check
Cross action
Parallel Position
Pas de Gavotte
Developé
Pas Marché
Open Turn
Galopade
Levé
Fondu
Tours de Main
Counting in rhythm, beats and bars

Teaching ability is assessed on the basis of presentation, teaching methods and voice projection.

Level 2 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Licentiate Examination, for all other details refer the Accreditation Programme Document.

Licentiate Syllabus Content

The standard required is higher than for the Associate examination in both demonstration and theory. At all levels, teaching ability is assessed on the basis of presentation, knowledge of faults, their causes and correction, teaching methods, voice projection and clarity of explanation.

Practical Demonstration

1. Waltz
2. Regis Waltz
3. Wedgewood Blue Gavotte
4. Tango Magenta
5. Premier Two Step

The candidate is required to dance solo to music, gentlemen or ladies steps as requested, each of the above dances. They may demonstrate in the role of their choice, i.e. dancing the gentlemen or ladies steps, or demonstrate both roles with a partner if desired.

The candidate is required to start an imaginary class to music. The dance/s will be of the examiner's choice.

Theory (Oral Examination)

A complete knowledge of the analysis charts of eight of the following dances:

1. Waltz
2. Fylde Waltz
3. Veleta
4. Regis Waltz
5. Royal Empress Tango
6. Tango Magenta
7. La Mascotte
8. Britannia Saunter
9. Saunter Revé
10. Boston Two Step
11. Military Two Step
12. Premier Two Step

The candidate is required to give the Figuration and Footwork of three dances of their own choice, selected from the following list. The dances must use different rhythms.

1. Lilac Waltz
2. Waltz Camay
3. Wedgewood Blue Gavotte
4. Gainsborough Glide
5. Latchford Schottische
6. Midnight Tango
7. Waverley Two Step
8. Liberty Two Step

In addition to those included in the Student and Associate syllabi, the candidate must be prepared to explain and demonstrate the following technical terms and composite figures:

Zephyr
Contra check
Pas de Zephyr
Temps Levé
Pas de Mazurka
Fallaway
Fouetté

Twinkle
Sway
Zig Zag
Rocks

Level 3 Athletes Coach Accreditation

Note: Details of this examination and the syllabus is given under the Fellowship Examination, for all other details refer the Accreditation Programme Document.

Fellowship Syllabus Content

Practical Demonstration and Theory

1. Veleta
2. Lilac Waltz
3. Fylde Waltz
4. Regis Waltz
5. Waltz Camay
6. Royal Empress Tango
7. Tango Magenta
8. Lola Tango
9. Midnight Tango
10. Tango Solair
11. La Mascotte
12. Wedgewood Blue Gavotte
13. Gainsborough Glide
14. Latchford Schottishe
15. Saunter Reve
16. Britannia Saunter
17. Waverley Two Step
18. Boston Two Step
19. Liberty Two Step
20. Rialto Two Step
21. Premier Two Step
22. Military Two Step

The candidate is required to dance with a partner, to music, the Waltz and **five** other dances chosen by the examiner from the above list. They may demonstrate in the role of their choice, i.e. dancing the gentlemen or ladies steps, or demonstrate both roles with a partner if desired.

Theory (Oral Examination)

The candidate must be prepared to demonstrate and answer questions relating to the technique of the dances listed above. The presentation of dancing and depth of knowledge for this examination must be of high quality.

The candidate must be prepared to explain and demonstrate all the technical terms and composite figures used in the Licentiate syllabus.

Syllabus Dances – Classical Sequence

3/4	6/8
Waltz 40	Boston Two Step 48
Veleta 40	Premier Two Step 44
Fylde Waltz 40	Rialto Two Step 48
Regis Waltz 40	Waverley Two Step 48
Imperial Waltz 40	Liberty Two Step 48
Lilac Waltz 44	Kensington Two Step 44
Waltz Camay 40	Consort Two Step 48
Northern Star Waltz 40	Washington Two Step 44
Countess Waltz 40	Diamond Jubilee Two Step 48
Winchester Waltz 40	
Princess Mazurka 40-44	
Empress Mazurka 40-44	
4/4	2/4
Saunter Together 28	Royal Empress Tango 32
Bambi Blues 30	Lola Tango 32
Britannia Saunter 26	Tango Magenta 32
Saunter Reve 28	Tango Solair 32
Latchford Schottische 24	Tango Serida 32
La Mascotte 24	Midnight Tango 32
Wedgewood Blue Gavotte 24	Tango Las Vagas 32
Gainsborough Glide 24	Tayside Tango 32
Stardust Gavotte 26	Tarantella Tango 32
New England Gavotte 26	Tango Durado 32
Richmond Gavotte 26	Military Two Step 48
Saunter Santana 26	
Stardust Saunter 26	

Note: Any other “In Vogue” dance not listed above may be substituted at any level at the discretion of the examiner/s (provided two weeks’ notice is given prior to examination).

Amateur Medallion Exams

Age Divisions

Juvenile	12 yrs and under
Junior	13 yrs to 15 yrs
Adult	16 yrs and over
Senior	45 yrs and over

Sections and Grades (Medallion Level)

Each medal differs in “level repertoire”: Leisure Medallions One Dance, Elementary, or Advanced. Leisure and Elementary Medallions are not a prerequisite to the Advanced Medallions.

Leisure Medallion One Dance Tests

This exam allows any one dance from any style to be examined.

Bronze	Bronze Ballroom and Latin American syllabus figures apply. For New Vogue or Classical Sequence the Bronze syllabus applies.
Silver	Bronze Ballroom and Latin American syllabus figures apply. For New Vogue or Classical Sequence the Silver syllabus applies.
Gold	Silver Ballroom and Latin American syllabus figures apply. For New Vogue or Classical Sequence the Silver Bar syllabus applies.

Elementary

This test allows any combination of two dances from one or more styles to be examined from Level 1 to 5 inclusive only. Level 6 and above are style specific the same as the advanced Medallions.

- Elementary Medallions Level 1, Two Dances, Bronze Syllabus applies.
- Elementary Medallions Level 2, Two Dances, Bronze Syllabus applies.
- Elementary Medallions Level 3, Two Dances, Silver Syllabus applies.
- Elementary Medallions Level 4, Two Dances, Silver Bar Syllabus applies.
- Elementary Medallions Level 5, Two Dances, Gold Syllabus applies.
- Elementary Medallions Level 6, Three Dances, Bronze Syllabus applies.
- Elementary Medallions Level 7, Three Dances, Silver Syllabus applies.
- Elementary Medallions Level 8, Four Dances, Silver Bar Syllabus applies.
- Elementary Medallions Level 9, Four Dances, Gold Syllabus applies.
- Elementary Medallions Level 10 to 13 inclusive, Four Dances, Gold and Higher Syllabus applies.
- Elementary Medallions Level 14 to 18 inclusive, Five Dances, Gold and Higher Syllabus applies.
- Show Case** Level 19, Five Dances, Gold and Higher Syllabus applies.

Advanced Medallions

- 3 dances for Bronze, Bronze syllabus applies.
- 3 dances for Bronze Bar, Bronze/Silver syllabi apply.
- 3 dances for Silver, Silver syllabus applies.
- 4 dances for Silver Bar, Silver Bar syllabus applies.
- 4 dances for Gold and Gold Bars (there are 4 optional Gold Bars), Gold and Higher Syllabus applies.
- 5 dances for Gold Star and Bars (there are 4 optional Gold Bars), Gold and Higher Syllabus applies.

5 dances for Oscar in Ballroom and Latin American.
9 dances for Oscar in New Vogue and Classical Sequence.

In the lower grades it is permissible for the candidate to dance for two consecutive grades in the same medal test session. The examiner will use his/her discretion in allowing this based on the standard and quality of the performance shown in the first test, i.e. Bronze to Silver, Silver to Silver Bar. a Gold medal through the Bars and up to Gold Star there must be at least a three month period before taking the next test. A six month period is required for Gold Star through to Oscar.

Candidate Eligibility for Oscar

Permission from the Examiner's Board via the General Secretary must be sought to enable verification of the candidate's eligibility.

The candidate must have attained a Highly Commended pass in each of their four Bars to Gold Stars. The Oscar is the highest grade to be achieved, therefore can only be awarded to candidates who attain Highly Commended in each dance. Emphasis will be placed on the quality of dancing to a high standard. An Oscar can be danced for in each style separately. The dance requirements are:

Ballroom

Five standard dances with entries and exits.

Latin

Five standard dances with entries and exits.

New Vogue and Classical Sequence

Nine of the listed dances (Medley of 3/4, 4/4, 2/4, 6/8 timings with entries).

Syllabus Figures - Ballroom

Bronze Waltz : Any five figures	Bronze Foxtrot : Any five figures
Closed changes, Natural turn, Reverse turn, Natural spin turn , Whisk, Chassé from PP, Closed impetus, Hesitation change, Outside change, Reverse corté	Feather step, Three step, Natural turn, Reverse turn (incorp feather finish), Closed impetus and feather finish, Natural weave, Change of direction, Basic weave
Bronze Bar Waltz : Any five figures	Bronze Bar Foxtrot : Any five figures
Closed changes, Natural turn, Reverse turn, Natural spin turn , Whisk, Chassé from PP, Closed impetus, Hesitation change, Outside change, Reverse corté, Back whisk, Basic weave, Double reverse spin.	Feather step, Three step, Natural turn, Reverse turn (incorp feather finish), Closed impetus and feather finish, Natural weave, Change of direction, Basic weave Closed telemark, Open telemark and feather ending.
Silver Waltz : Any five figures from above plus any three of the following:	Silver Foxtrot : Any five figures from above plus any four of the following:
Back whisk, Basic weave, Double reverse spin, Reverse pivot, Back lock, Progressive chassé to right, Drag hesitation (additional figure)	Closed telemark, Open telemark and feather ending, Top Spin, Hover feather, Hover telemark, Natural telemark, Hover cross
Silver Bar Waltz : As per Silver plus any four of the following:	Silver Bar Foxtrot : As per Silver plus any three of the following:
Weave from PP, Closed telemark, Open telemark and cross hesitation, Open telemark and wing, Open impetus and cross hesitation, Open impetus and wing, Outside spin, Turning lock	Open telemark, Natural turn, Outside swivel, Feather ending, Open impetus, Weave from promenade, Reverse wave, Natural twist turn
Gold and Higher Waltz : As per Silver Bar plus any four of the following:	Gold and Higher Foxtrot : As per Silver Bar plus any four of the following:
Left whisk, Contra check, Closed wing, Turning lock to right, Fallaway reverse and slip pivot, Hover corté, Fallaway whisk (additional figure)	Curved feather to back feather, Natural zig zag from promenade, Fallaway reverse and slip pivot, Natural hover telemark, Bounce fallaway with weave ending
Bronze Tango : Any seven figures	Bronze Quickstep : Any five figures
Walk, Progressive side step, Progressive link, Closed promenade, Open reverse turn, partner outside with open or closed finish, Back corté, Open reverse turn, partner in line with closed finish, Progressive side step reverse turn, Open promenade, Left foot and right foot rocks, Natural twist turn, Natural promenade turn	Quarter turn to right, Natural turn, Natural turn with hesitation, Natural pivot turn, Natural spin turn, Progressive chassé, Chassé reverse turn, Forward lock, Closed impetus, Backward lock, Reverse pivot, Progressive chassé to right, Tipple chassé to right Running right finish, Heel pivot (qtr turn to left) (additional figure) Zig zag, back lock and running finish (additional figure), Cross chassé (additional figure)

Bronze Bar Tango : Any seven figures	Bronze Bar Quickstep : Any five figures
Walk, Progressive side step, Progressive link, Closed promenade, Open reverse turn, partner outside with open or closed finish, Back corté, Open reverse turn, partner in line with closed finish, Progressive side step reverse turn, Open promenade, Left foot and right foot rocks, Natural twist turn, Natural promenade turn, Promenade link, Four step	Quarter turn to right, Natural turn, Natural turn with hesitation, Natural pivot turn, Natural spin turn, Progressive chassé, Chassé reverse turn, Forward lock, Closed impetus, Backward lock, Reverse pivot, Progressive chassé to right, Tipple chassé to right Running right finish, Heel pivot (qtr turn to left) (additional figure) Zig zag, back lock and running finish (additional figure), Cross chassé (additional figure), Natural turn & back lock,
Silver Tango : Any seven figures from above plus any three of the following:	Silver Quickstep : Any seven figures from above plus any three of the following:
Promenade link, Four step, Back open promenade, Outside swivels	Natural turn and back lock, Double reverse spin, Quick open reverse, Fishtail Running right turn
Silver Bar Tango : As per Silver plus any four of the following:	Silver Bar Quickstep : As per Silver plus any four of the following:
Fallaway promenade, Four step change, Brush step, Fallaway four step, Oversway	Four quick run, V6, Closed telemark
Gold and Higher Tango : As per Silver Bar plus any four of the following:	Gold and Higher Quickstep : As per Silver Bar plus any four of the following:
Basic reverse turn, The chase, Fallaway reverse and slip pivot, Five step, Contra check	Cross swivel, Six quick run, Rumba cross Tipsy to right or left, Hover corté

For Gold Star and higher, the Viennese Waltz is the compulsory fifth dance.

Syllabus Figures – Latin American

<p>Bronze Rumba : Any five figures</p> <p>Basic movements (closed, open, in place and alternative), Cucarachas, New York (to left or right side position), Spot turns to left or right (including switch and underarm turns), Shoulder to shoulder (to left and right side position), Hand to hand (to right and left side position), Progressive walks forward or back Side steps to left or right, Cuban rocks</p>	<p>Bronze Samba : Any six figures</p> <p>Basic movements (natural, reverse, side and progressive), Whisks (also with lady's underarm turn), Samba walks (promenade, side and stationary), Rhythm bounce, Volta movements, Criss cross Bota Fogos (shadow Bota Fogos)</p>
<p>Bronze Bar Rumba : Any five figures</p> <p>Basic movements (closed, open, in place and alternative), Cucarachas, New York (to left or right side position), Spot turns to left or right (including switch and underarm turns), Shoulder to shoulder (to left and right side position), Hand to hand (to right and left side position), Progressive walks forward or back Side steps to left or right, Cuban rocks, Fan, Alamana, Hockey stick.</p>	<p>Bronze Bar Samba : Any six figures</p> <p>Basic movements (natural, reverse, side and progressive), Whisks (also with lady's underarm turn), Samba walks (promenade, side and stationary), Rhythm bounce, Volta movements, Criss cross Bota Fogos (shadow Bota Fogos), Travelling Bota Fogos to Promenade position and counter promenade position</p>
<p>Silver Rumba: Any five figures from above plus any three of the following:</p> <p>Fan, Alemana, Hockey stick, Natural top Opening out to right and left, Natural opening out movement, Closed hip twist</p>	<p>Silver Samba : Any six figures from above plus any two of the following:</p> <p>Travelling Bota Fogos , Bota Fogos to promenade position and counter promenade position, Criss-cross volta, Solo spot voltas, Foot changes, Shadow travelling volta, Reverse turn, Corta Jaca, Closed rocks</p>
<p>Silver Bar Rumba: As per Silver plus any three of the following:</p> <p>Open hip twist, Reverse top, Opening out from reverse top, Aida, Spiral turns (spiral, curl and rope spinning)</p>	<p>Silver Bar Samba : As per Silver plus any three of the following:</p> <p>Open rocks, Back rocks, Plait, Rolling off the arm, Argentine crosses, Maypole, Shadow circular volta</p>
<p>Gold and Higher Rumba : As per Silver Bar plus any four of the following:</p> <p>Sliding doors, Fencing, Three threes, Three alemanas, Hip twist (advanced, continuous and circular)</p>	<p>Gold and Higher Samba : As per Silver Bar plus any four of the following:</p> <p>Contra Bota Fogos, Roundabout, Natural roll, Three alemanas, Reverse roll, Promenade and counter promenade runs, Three step turn, Samba locks, Cruzados walks and locks</p>
<p>Bronze Paso Doble: Any five figures</p> <p>Sur Place, Basic movement, Chassé s to right or left (including elevations), Drag, Displacement (also Attack), Promenade link (also promenade close), Promenade, Ecart (fallaway whisk), Separation, Separation with lady's caping walks</p>	<p>Bronze Jive : Any five figures</p> <p>Basic in place, Fallaway rock, Fallaway throwaway, Link, Change of places right to left, Change of places left to right, Change of hands behind the back, Hip bump (left shoulder shove)</p>
<p>Bronze Bar Paso Doble: Any five figures</p> <p>Sur Place, Basic movement, Chassé s to right or left (including elevations), Drag, Displacement (also Attack), Promenade link (also promenade close), Promenade, Ecart (fallaway whisk), Separation, Separation with lady's caping. Fallaway ending to separation, Huit, Sixteen caping. Sixteen caping, Huit. Walks</p>	<p>Bronze Bar Jive : Any five figures</p> <p>Basic in place, Fallaway rock, Fallaway throwaway, Link, Change of places right to left, Change of places left to right, Change of hands behind the back, Hip bump (left shoulder shove), American spin, Walks</p>

Silver Paso Doble: Any five figures from above plus any three of the following:	Silver Jive : Any five figures from above plus any three of the following:
Fallaway ending to separation, Huit, Sixteen Promenade and counter promenade, Grand circle, Open telemark	American spin, Walks, Stop and go, Mooch, Whip, Whip throwaway
Silver Bar Paso Doble: As per Silver plus any five of the following:	Silver Bar Jive: As per Silver plus any three of the following:
La Passe, Banderillas, Twist turn, Fallaway reverse turn, Coup de Pique, Left foot variation, Spanish lines, Flamenco taps	Reverse whip, Windmill, Spanish arms, Rolling off the arm, Simple spin, Miami special
Gold and Higher Paso Doble: As per Silver Bar plus any four of the following:	Gold and Higher Jive : As per Silver Bar plus any three of the following:
Syncopated separation, Travelling spins from promenade position, Travelling spins from counter promenade position, Fegolina (also Farol), Twists, Chassé cape (including outside turn)	Curly whip, Shoulder spin, Toe heel swivels Chugging, Chicken walks, Catapult, Stalking walks, flicks and break

Bronze Cha Cha Cha: Any five figures

Basic movements (closed, open and in place) New York (to left or right side position)
Spot turns to left or right (including switch turns and underarm turns)
Shoulder to shoulder (to left and right side position)
Hand to hand (to right and left side position)
Three Cha Cha Chas (forward and back)
Side steps (to left or right), There and back, Time steps

Bronze Bar Cha Cha Cha: Any five figures

Basic movements (closed, open and in place) New York (to left or right side position)
Spot turns to left or right (including switch turns and underarm turns) Shoulder to shoulder (to left and right side position)
Hand to hand (to right and left side position)
Three Cha Cha Chas (forward and back)
Side steps (to left or right), There and back, Time steps, Fan, Alamana, Hockey stick

Silver Cha Cha Cha: Any five figures from above plus any four of the following:

Fan, Alemana, Hockey stick, Natural top
Natural opening out movement
Closed hip twist

Silver Bar Cha Cha Cha: As per Silver plus any four of the following:

Open hip twist, Reverse top, Aida
Opening out from reverse top
Spiral turns (spiral, curl and rope spinning)
Cross basic, Cuban breaks (including split Cuban breaks), Chase

Gold and Higher Cha Cha Cha: As per Silver Bar plus any four of the following:

Advanced hip twist, Hip twist spiral, Turkish towel, Sweetheart, Follow my leader
Foot changes

Syllabus Dances – New Vogue

Dance (and bars per min)	Bronze	Bronze Bar	Silver	Silver Bar	Gold / higher
<i>March 2/4 timing:</i>					
Evening Three Step (50-56)	✓	✓		✓	✓
Canadian Three Step (52-54)	✓	✓	✓		
Gypsy Tap (50-56)				✓	✓
<i>Waltz 3/4 timing:</i>					
Dorothea Waltz (46-52)	✓	✓	✓	✓	
Lucille Waltz (48-52)					✓
Parma Waltz (48-54)	✓	✓	✓		
Pride of Erin (48-54)	✓	✓	✓		
Swing Waltz (50-54)				✓	✓
Tracie-Leigh Waltz (48-54)	✓	✓	✓	✓	
Twilight Waltz (52-56)					✓
President's Daughter's Waltz					✓
P D Waltz Cont. (49/50)					✓
<i>Tango 6/8 timing:</i>					
Camelia Tango (28-32)					✓
La Bomba (28-32)					✓
Tangoette (28-32)	✓	✓	✓		
Tango Terrific (28-32)				✓	✓
<i>Foxtrot 4/4 timing:</i>					
Barclay Blues (28-32)					✓
Barn Dance (28-32)	✓	✓	✓		
Carousel (28-32)				✓	
Charmaine (28-32)	✓	✓		✓	
Excelsior Schottische (28-32)					✓
Merrilyn (28-32)	✓	✓	✓		

Note 1: Any other "In Vogue" dance not listed above may be substituted at any level (grade) at the discretion of the examiner.

Note 2: Any three dances of different rhythms for **Bronze, Bronze Bar** and **Silver** are to be danced.

Note 3: Any four dances of different rhythms (i.e. Waltz, Foxtrot, Tango and March) for **Silver Bar, Gold** and higher are to be danced.

Note 4: In each test the chosen dances must cover the distinct timings of 3/4, 4/4, 2/4, 6/8. According to the particular grade and number of dances required.

Syllabus Dances – Classical Sequence

Dance (and bars per min)	Bronze &	Bronze Bar	Silver	Silver Bar	Gold & Bars	Gold Star & above
Veleta (3/4, 40)	✓	✓				
Lilac Waltz (3/4, 44)	✓	✓				
Mayfair Quickstep (4/4, 46 - 48)	✓	✓				
Boston Two Step (6/8 48)	✓	✓				
Gainsborough Glide (4/4, 24)			✓			
Lola Tango (2/4, 32)		✓	✓			
Liberty Two Step (6/8, 48)			✓			
Tango Serida (2/4, 32)			✓			
English Old Time Waltz (mandatory) (3/4,40)	✓	✓	✓	✓	✓	
Balmoral Blues (4/4, 30-32)				✓	✓	
Saunter Revé (4/4, 28)				✓	✓	
Rialto Two Step (6/8, 48)				✓	✓	
Tango Solair (2/4, 32)				✓	✓	
Brittania Saunter (4/4, 26)						✓
Premier Two Step (6/8, 44)						✓
Fylde Waltz (3/4, 40)						✓
Regis Waltz (3/4, 40)						✓
Tango Magenta (2/4, 32)						✓
Royal Empress Tango (2/4, 32)						✓
Wedgewood Blue Gavotte (4/4, 24)						✓

Bronze

English Old Time Waltz is mandatory and any two dances from **Bronze** syllabus.

Bronze Bar

English Old Time Waltz is mandatory and any two dances from **Bronze Bar** syllabus.

Silver

English Old Time Waltz is mandatory and any two dances from the **Silver** syllabus.

Silver Bar, Gold and Gold Bars

Four dances: from the appropriate syllabus.

Gold Star and above

Five dances: from the appropriate syllabus.

Note: Any dance may be substituted at any level at the discretion of the medal test examiner other than the English Old Time Waltz in **Bronze** and **Silver** levels.